

The October Man SEQUENCE

Beyond
Beyond
Beyond
Hypnotic Seduction
Sexual Conditioning
Creating a New Sexual Identity

foreward by IN10SE

The October Man[©]

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Beyond Sexual Conditioning
Beyond Creating a new Sexual identity

By IN10SE

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The October Man

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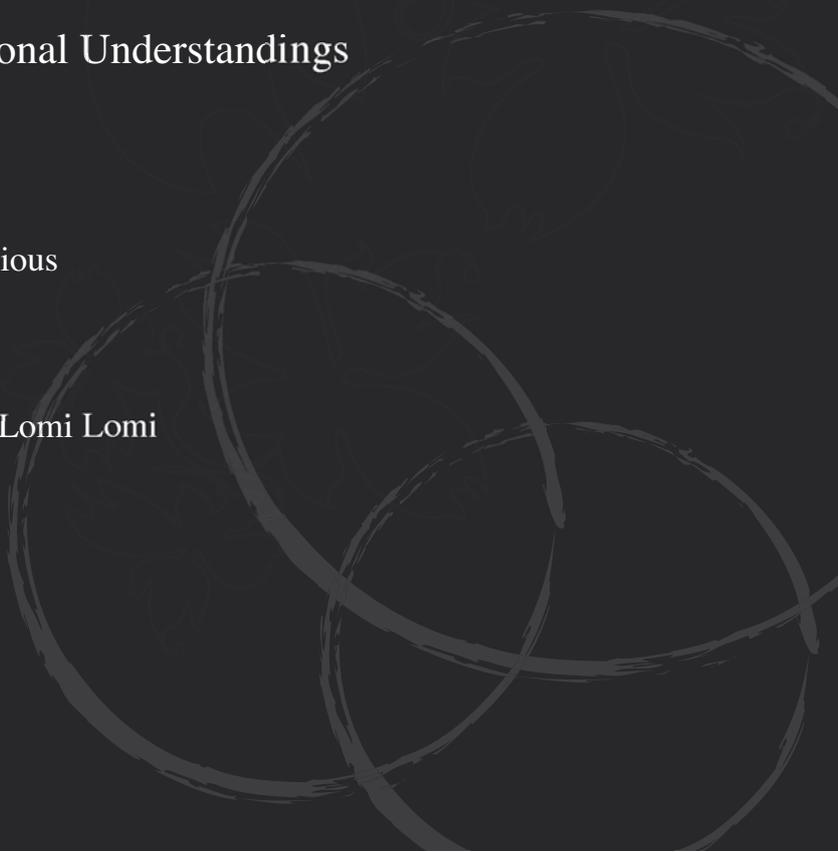
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Foreword by IN10SE

The October Man is a technique that has been used by very few – its principles have been kept secret, for many different reasons... until now. Very few have had the kind of insight and set of tools to be able to create the effects of it – many have tried to backwards engineer it... but this is the real deal. You may have read about it in books like “The Game” or heard about it by word of mouth... as a forbidden technique that isn’t even supposed to exist, that is talked about only in whispers.

Now here it is.

So why would you keep something so powerful and so potentially effective a secret?

For that very reason.

Lets first of all define some terms so there’s no confusion. When we use the term “**hypnotism**” and “hypnotist” we mean extreme persuasion. We do not take away free will. To do so would be immoral and unethical. What we do rather is to make someone “hungry” even starved, whether by unmasking false coping mechanisms, or by amplifying a need, then we dangle the carrot of desire in front of them so that all they have to do is reach out and take it. It takes no skill whatsoever to use force or coercion that takes away another’s free will. We would have no association with such people because it is our goal to give ecstasy not to cause pain.

Technology – like every thing else is morally neutral. **Intentions, behaviors and contexts are what create our notions of the light and the dark side.**

When we created this technique we were at a very unique place in the development of what is known as “The Community”. We were the ones who influenced the very development of much of what you’ve read about or what you know as seduction techniques - among the first to use and perfect techniques like sexual value elicitation, symbolic morphology, sexual state elicitation, challenging and qualifying, being “the prize”, sexual rapport, and more. – As Neil Strauss once told us, **“You re not just Seduction Masters, you re Seduction Scientists!”**

Most importantly we were among the first to use a woman’s own map of the world to lead her to a sexual state - And to do it effectively, and very quickly... sometimes within 15 minutes of meeting a woman.

IN10SE

The October Man

Basic Format

Elicit a state/identity/body sensation



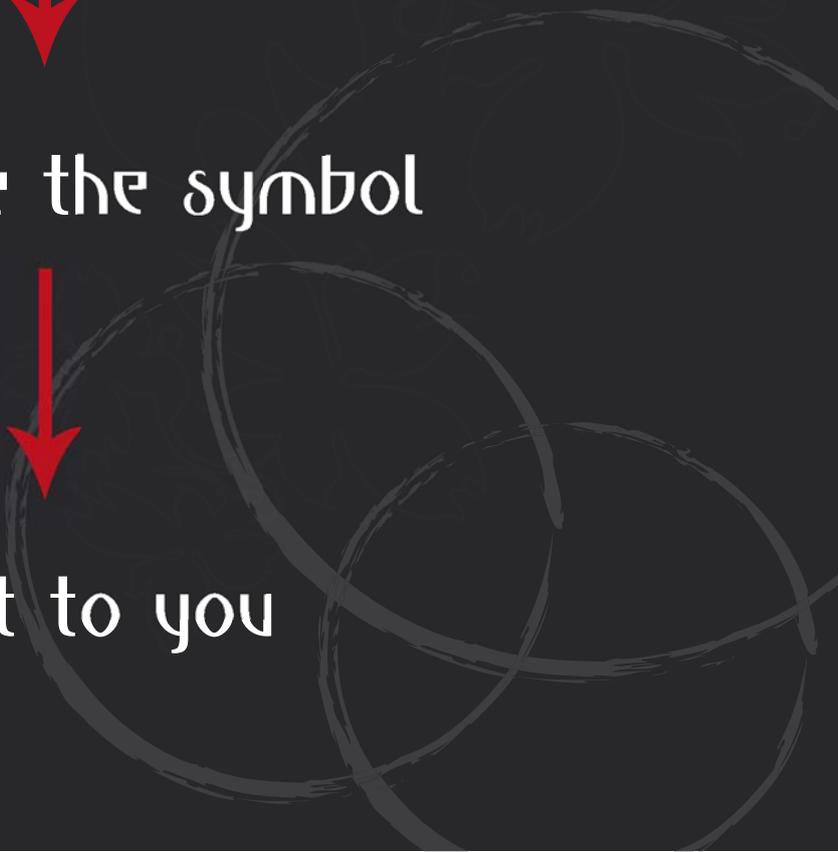
Turn it into a symbol



Manipulate the symbol



Link it to you





Chapter 1

What it can do



What it can do

The rumors are almost unbelievable – to be with a woman within 15 minutes of meeting her? To have her so aroused that she will be pulling your clothes off? To have her conditioned over the long term and to automatically associate you with her sexual identity. **Yes** – That’s exactly what it does.

Now what does that mean?

First we have to talk about the Sexual Identity. The notion of an Identity is something that comes from Modern Psychology. We’ve furthered that thought and explored the notion of a “**Sexual Identity**”.

The Sexual Identity begins its formation from our earliest interactions with others. Even before we have the hormones and biology to support the expression of it, our Sexual Identity begins to form. Our brains are hardwired by hormones during our

development in our mother’s womb. The **male brain** is very different than the female brain.

When we **begin to interact** with our parental figures between the ages of 2-3 we discover that we are autonomous – that is, we are individuals. We discover who we are and who we are not in relation to others through our interactions with others. This is the beginning of our Identity formation. The Sexual Identity is a subset of that and it’s just one aspect of our overall Identity.

Self discovery is about finding our Identity by both **searching** within ourselves and by interacting with others. It is the result of the interplay between these two things. At an early age we discover that boys and girls are very different. And we form relationships with **the opposite sex**.

All relationships at this **early stage** of life are formative – they form our sexual identity. For example, Freud may have pointed out that a man who has trouble bonding with women, most likely had a weak bond with his mother as an infant and child. A woman who is afraid of men may have had a father that was mean and abusive – and these are the men she continually finds herself with. A woman who didn't have a father figure may find herself looking for that **father figure** in her relationships.

Our Sexual Identity is who we are sexually in relation to ourselves and to others in a sexual way – and from it flows what our sexual beliefs are about ourselves and others, what we are capable of sexually in our interactions and relationships, what our sexual behaviors are, and the kind of sexual fulfillment that we ultimately have as individuals.

So would it be possible to try on a new sexual identity if the one we had wasn't serving us? Yes – through intention and by having the right tools and understandings.

We will give you the tools. The understandings will come from within you and will form as a result of the interaction that you have with others. Understanding is not something that can be given – **it has to come from within you**. Plato would say that all understanding is an act of remembering what you already knew before.

And so we'll say a little about intention.



Intent – Wrestle the Angel

It's been said that you get what you focus on. And that energy flows where attention goes.

So Intent has partly to do with focus, but it also has to do with the force behind the focus. I imagine intent to be like a shining a light. Focus is like shining a light on something – you see and thus get what you focus on, but the force behind the focus – the will... is like how bright the light is.

In this way, **Intent is a combination of both focus and will.**

Another way to think of Intent is as a verb. It implies movement and is fluid.

It is something that you do. Therefore to stop and analyze it while one is in process of Intending is to stop the process of Intent in its tracks. Just do it. Intent Flows.

There is Intent all around us. **Everything that happens in the world** is a result of the interplay of Intents. There are people and forces around you that most likely have an Intent that serves their own interests and not yours. Be aware of this. Sense the flow of energy in every situation. Sense the Intent – the focus and the will of the forces around you.

Know that others may have **will** and **focus**, and that you can exert your own Intent to influence their either their will or their focus and thus their Intent. The most Active forces win.

Let's say that you're interacting with someone who has a destructive Intent toward you. This can be a very threatening situation especially if they are someone who has both the focus and will power to carry their Intent through.



You can influence either their focus or their will, and thus influence their Intent.

Their focus can be altered in many ways including through distraction, through surprise, and through not allowing yourself to be focused on.

And so you must also develop your will. Your unconscious mind will work for you, but only if you truly will it to. Follow through with everything that you set your mind to in your daily life. Make goals, achieve them and make it a matter of will power. **You must demonstrate and exercise your will daily.**

Your will has to do with just wanting to do something. For example, in your job and career, what determines your ultimate success may not be how smart you are, or how technically skilled you are – so much as your will to just do it.

And you must develop your focus daily as well. This can take the form of simple exercises like focusing on a task that requires you to let the world around you dissolve away – where only the thing that you're focusing on exists. You could pick a spot on a white wall and focus on that spot for increasing lengths of time every day – letting

everything
else
fade
AWAY

and every thought becomes silent until there is just your will and your focus. It is through developing your will and your focus that you will develop your Intent.

This is what it means to wrestle the Angel.

Penetrating the Sexual Core

Since the formation of the Sexual Identity starts at a very early age, you must start there. This brings us to the first technique.

We all have “**parts**” of us where we want certain things, where we believe certain things to be true, where we experience different realities and frames.

There are many different ways to think about these parts of the mind, but some of the ways that we think about them include thinking about them in terms of “**layers**”,

“**people**” or in terms of

“**places**”.



Layers

When you think about the mind in terms of layers, imagine that we are like layers of an onion. **There are parts that are more accessible and more visible to others.** This is like superficial and deep or outside and inside parts of us. Also be aware that what we may seem to want on one level may not be what we want after all on a deep level.

And so this is how these parts can seemingly conflict – someone can want something on one level, but want the opposite on another level. Recognizing this “truism” – something that may be generally true for most people, is a powerful demonstration of understanding someone’s world.

This superficial and deep analogy can also be applied to our filters of the world – such as being “physical” on the outside, but being emotional on the inside. In this analogy, a physical person is someone who gets to their emotions by being physical, who interacts with the world in a physical way, who experiences reality in terms of physical senses and touch. They have to have physical affection to know that they are connected emotionally.

The layers analogy can also be applied to time sequence. Where who you are today is like the outside layer of an onion, and who you were as a child is at the core. As you interact with others and grow, you form layer after layer on top of one another.

When you talk to someone about their childhood, you are taking them back to the core of the onion – and changing anything at this core changes the whole person, because the mind will automatically change the person of today when the person of the past, or rather the perception of the past self is changed.

Remember this key point =

The “Butterfly Effect”.



If you change someone’s perception of their past self, you will change their present self. Remember the stories about how people go back into time and change one small seemingly insignificant thing in the past and it starts

a whole cascade of changes... **This is how this works.**

You can start by speaking directly to the child within them by asking them things like, “What would the kid in you say or do right now?” or

“What would the kid in you say to the you of today?”

You can also presuppose that you are talking with their child or with their old self and thus bring it out by your very presuppositions.

By “*presuppose*” I mean that your words and actions are guided by an underlying beliefs, assumptions and frames of reference.

For example, if you presuppose that the woman you are talking to is the

most sex crazed nympho that you’ve ever met, no matter how she tries to deny it – you might just be surprised at how she unconsciously picks up on your frame and through rapport and connection, makes it true!

When we talk to people on a day to day basis, most of the time we have preconceived notions of what type of person they are, based partially on fact and partly on assumptions.

We take this image and project it on to them. If there is a connection and the other person resonates with this image that we’ve given them, then this image becomes a part of their identity in relation to us.

Now looking to the past - take someone who had an abusive childhood. They may have felt that

they were essentially “bad”, that they deserved it

on one level – that they were flawed.

But when you take the person that they are today, and have that person look back to the child that they once were, with the eyes of what they know today – then reality begins to change.

Parts of them that had been locked up and repressed begin to open up and heal – they begin to see that the child was essentially good, in a bad environment, and made the best choices that they had available to them at the time. Understanding first occurs on a mental level and then goes deeper to an emotional and then physical “feeling” level.

This concept of levels is true not only for understanding, but for true change. People don't take action and don't change for what they know on an intellectual level, but for what they feel – and even more so for what they feel physically.

Feeling something physically makes something the most real. The priority of how most people experience reality is as follows from least real to very real and concrete.

Imagination → Emotions → Physical
Feeling

Others have said, “Lead the imagination and the body will follow”. That's a weak perspective. What I say is exactly opposite and is

100 times more powerful – Lead the **BODY** and the **EMOTIONS** and then the **MIND** will follow.

This is how things are set up for us biologically. We are creatures of both mind and body. What you do to the body releases chemicals in the brain that change and influence the mind. For example after orgasm, the brain releases “bonding” chemicals like **Oxytocin**, that cause us to feel a sense of

connection

and belonging with the person that we're with.

Lead the body and you ll lead the mind.

For example, knowing on an intellectual level that you need to eat doesn't mean anything unless you feel hunger in your body.

Knowing on an intellectual level that a woman is attractive doesn't mean anything until you feel the hunger of **wanting her** with your body.

What people feel with their bodies and feel physically, they rationalize mentally.

Given that parts can conflict, when the physical, **emotional** and mental parts do conflict, people will act the most consistently on what they feel physically, less on what they

feel emotionally, and even less on what they know mentally.

For example take someone who wants to quit smoking. They may know on a mental level that smoking is bad for their health.

Yet when

they feel the physical urge, the part of their body that is craving a cigarette – if the craving is strong enough and they are fully immersed in the

moment they will give in most of the time.

Let me say that again.

To get someone to give in to a craving, amplify the craving and get them fully immersed in

the moment. **This is key.**

guilty pleasure

People

We can also think of parts of the mind in terms of “people”. To illustrate, you have a part of you that is your parents, a part that is you as a career person, and part that is a friend etc.

All of these parts play different roles.

Yet who are you really? Are you the sum of these parts or are you something more?

We are more than just the sum of our parts. In fact, our parts are just reflections of who we really are in any given context. Given the context of work, we reflect a certain part of ourselves. Around our friends and family we reflect a certain part of ourselves. With our lover we reflect a certain part of ourselves.

Yet we are not our reflections.

We are much more.

When you are at home all alone – in the quiet time of your mind, you and reflect on yourself in certain ways. **think**
To know yourself is to both to look within, and to experience yourself in relation to others – **to see your reflections in them.**

All we truly perceive in others is what is in some small or big way already within ourselves. Places

Places

We also put parts of ourselves into places in our mind.

For example, there is a quiet place in your mind, where you go when you want to find peace and quiet, where you can wind down at the end of a long day, where you can quiet the busy chatter of your mind and find the **quiet calm** voice that gives you a sense of peace.

You can create places in people's mind just by naming them. **Remember** that what you name becomes real – what you describe becomes alive.



guilty pleasure

I could tell you, there's a place inside your mind where you keep your deepest secrets, the kinds of things you think about that you would never tell anyone... the kinds of things you find yourself thinking of during the day over and over... almost like a

... where you feel it in your body and your imagination comes alive... and you find yourself going to this secret place where you can just let go and give in to **what feels**

REALLY good

I just made that up. Do you see how I named this place, and then began to describe it to bring it to life? Do you see how your mind began to make that place real as I described it to you?

Knowing how to create new parts, new layers, and new places within people is a big part of **the October Man.**

Who can do

it?

The October Man method is not for the faint of heart.

You must do it without hesitation, question or doubt.

The stronger your frame, the stronger the effect.

Many have tried to do it – many fail. So what makes the difference between those that get half hearted results and those that get the kind of results that get them the kind of results that are almost unbelievable, were it not for the photos, the eye witness accounts of make outs and feel downs on the busy streets of 3rd street Promenade in Santa Monica and high end

clubs like the SkyBar in Hollywood. **It does work**

So what is it about people like IN10SE, Swingcat, Steve P. and very few others that allow them to make it work?

It's their frame. And a strong frame comes from a strong Inner Game. You may hear it over and over again from many different places, but Inner game is the foundation for Outer Game.

Now what do I mean by this?

Inner Game is the underlying **Identity, Beliefs, Attitudes = the MINDset** that one has. How can you get a strong inner game?

I've said that nothing affects a mans game so much as the knowledge that women love sex. Nothing brings about this realization so quickly as getting repeatable and consistent results with women. It all feeds back in **one positive feedback** loop.

A positive feedback loop is one where you have one thing which feeds back and amplifies another thing which feeds back and **amplifies the first thing** which further feeds back and amplifies the second thing.

Now where results with women are concerned, here's how the feedback loop works:

You demonstrate confidence – even if you have to fake it at first (Confidence relates to Inner game) which gets you results (whether its a phone number, kissing, sex...etc) with women **(This relates to Outer Game – what you see)** which gets you more confidence, which gets you even more results which gets you even more confidence... and on and on.

You get to the point where you're just **SOLID**. It's there – you're up for any challenge.

So what inner game **BELIEFS** have to be in place for this to work for you?

- 1) You have to have the belief that this is the best thing she will ever experience in her life.
- 2) You have to have the belief that no other person can give this kind of experience to her the way you can.
- 3) You have to believe that you can do this.
- 4) You have to believe that it works beyond any doubt, hesitation, or question.
- 5) You have to believe that she will think that both you and what you're doing is amazing.
- 6) You have to believe that it's normal for you to be able to give a woman this kind of experience.
- 7) You have to believe that if given the place, time, and situation, you will be able to do this and evoke unbelievable results in ANY woman you want to, and you must do it without apology, hesitation, or question.

When you've taken care of those 7 things, which also affects you on an **Identity level**, the next level to work on is your **Capabilities**.

This is the easy part. It's just a matter of **doing it and practicing it.** I would advocate first doing this with someone that you are in a Relationship with first because then you can do it over and over again and it becomes an exercise in Sexual Conditioning.

Once you've integrated the Touch, Language, and Visualization into a seamless **Flow of Intent and Connection** – you will be ready to go out to the clubs, streets – even demonstrating this technique on perfect strangers and getting massive connection and amazing results.

Another **KEY** reason that this works for some and not for others is that this method can be viewed as a **SHARED** trance. As your languaging evokes certain images and as your touch moves energy throughout another person's body, you are visualizing along with the other person.

You are feeling the sensations and can be even said to be “**channelling**” emotions, sensations, and feelings that flow back and forth between you and the other person.

A caveat though – **you must never do this on someone that is unwilling.**

To do so would not only be unethical and wrong, but would not be viewed kindly by the authorities... if you know what I mean.

In fact doing any part of this method is **at your own risk**

and by reading this you agree that we are not making or *helping you in any way*, just providing information.

**Use these methods
at your own risk.**

Where to do it

The **October Man** method can be done virtually anywhere. Of course there are certain things, which make it more likely to have a greater effect.

If you imagine, doing the October Man is like putting someone into a willing trance. It is not something that you do **ON someone**

– it is something that you do **WITH** someone. This is again a **SHARED** trance.

This is the only way it will work.

Hypnosis can be viewed as being “**in trance**” – and the only three things necessary for hypnosis to work is:

- 1) Focusing
- 2) Suspending the critical factor
- 3) Leading

Let's talk about places that lend to better focus. These tend to be quieter places, like coffee shops, bookstores – the most optimal place being a place that is completely quiet, with as little distractions as possible. You don't want to have to compete with anything else for the persons focus.

Turn off cell phones;
answering machines, etc
optimize the
environment to help
optimize focus.

Suspending the critical factor

Now I'm going to go off on a tangent but I think that this is important to expand on = **lets talk about suspending the critical factor**. To do this you must not only have a strong frame that this undeniably works powerfully, but you must also present your frame in a way that allows the other person to suspend their critical factor.

One of the best ways to do this is to present it as if you were teaching them something, or showing them something that you learned or read about in a book. You adapt the authority frame – the teacher frame.

Another way to get them to suspend their critical factor is to do this with someone who you already have an intimate connection with. With trust comes suspension of their critical factor. You can do this method as a guided visualization during erotic massage, or as a way that you've learned to **“help relieve stress”**.

It can be framed as a way to enhance sex.

There are many ways that you can frame using this material if you are using it with a lover.

Another frame is to present them with the

“what if” message/better than sex frame.

“What if you could feel completely amazing – a massage like nothing you've ever been able to feel before, even better than sex... if you could feel this and if I could help you feel this, is this something that you want to do?”

The critical factor is also suspended during role-play. This is where you assume a role and she does as well, and you have fun playing these roles out. Examples could be the role of a pimp and a ho, a doctor and a nurse, a stripper and a customer = the list goes on and on.

The key way that the October Man causes the critical factor to be suspended is by bypassing it all together -

**speaking through
imagery and visualization.**

You **evoke** feelings and you link them to a colored energy.

You take the colored energy and you do things with the energy that amplify it and move

it. It is a shared visualization where **both you and your**

partner are visualizing together. By visualizing energy instead of feeling it as emotion, you bypass the critical factor – at some level the mind knows that the two are linked. By manipulating the energy through visualization and touching techniques, you are indirectly manipulating the feeling, because that's what the energy represents. You are bringing the energy to life; it becomes a

“feeling form”

with a life of its own that is pure emotion. You name it, it becomes real – you describe it and it comes to

life.

When to do it

Timing is really irrelevant, so long as you have three critical elements in place. These are:

1. A strong frame by the persuader, who clearly leads
2. Connection or some sense of rapport or identification
3. Suspension of the critical factor in the person being persuaded, who clearly follows

You essentially have one who clearly leads and one who clearly follows, with the connection/rapport facilitating the process. *The more effective the leading*, the better the results. The more compliant and open follower, the better the results. The better the rapport and connection, the better the results.

If **all three** of these elements are optimized, they work synergistically to give results that are almost unbelievable until it happens to you.

We've all seen tele-evangelists and faith healers on TV. The frame and leading, the rapport, and the willingness in the follower are all clear when you use this framework.

Now are people actually healed physically? They believe they are and that's the take home point.

So again, timing is irrelevant as long as you have these **three elements** in place.

So how do you get those three elements into place? You can either lead first, starting with a strong frame and test for compliance, - there are plenty of people willing to follow a strong charismatic leader.

Or you can start with rapport and then lead. This is where you

develop a connection and relationship with the other person.

Very rarely, you'll have those who present themselves ready to follow, who are compliant and suggestible. These are people who have already suspended their critical factor and are

looking for something outside of themselves for meaning and direction.

They have already built up a sense of rapport in their own minds with you and are reaching out for you. All you really have to do in this situation is step in and lead.

This is how cult leaders work.

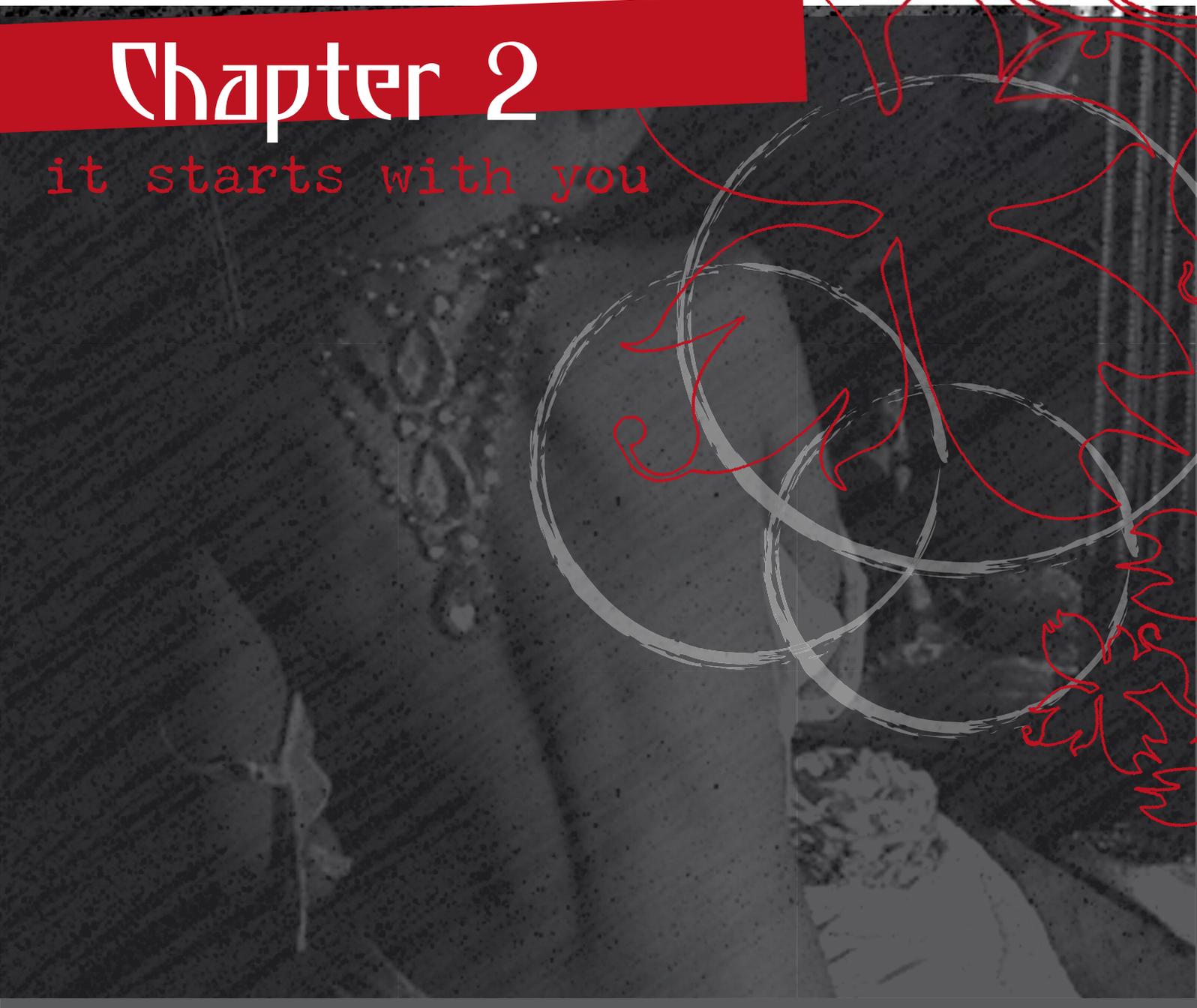
They are aided by their followers who recruit others thus not only reinforcing rapport and compliance in others, but further **convincing themselves** in the process.

All the cult leader has to do at this point, is to step in and lead with a strong frame.



Chapter 2

it starts with you



Frames

In every interactive process between people, there are clearly defined roles. It is our nature as humans to define our roles in every interaction and with every person we interact with. It makes us comfortable to know these things. **Be very aware of what role you take.** These roles are called Meta-frames and meta-programs. Are you the giver or the receiver, the leader or the follower, do you move toward or move away from either reward or **punishment...**

Do you have flexibility to recognize the roles and frames in an interaction and are you able to adapt and change roles to those that best **serve you?**

flexibility change

The pieces to make it happen

In general it takes three things to learn and become proficient at any learned skill.

1. Practice
2. Natural ability or talent helps
3. A mentor or being taught by someone who is proficient in the skill that you want to learn

Lets talk first about practice. **Practice** this skillset every chance you get. Try it out in different contexts. For example on the street or in the bookstore you could be “trying something you learned in psychology class”. At a house party you could be a

“**Hypnotist**” or doing something you read about in a book. (like this one!) With a girlfriend or someone that you’re already involved with you could be doing a guided visualization to go along with a massage.

Remember also that The October Man is a **SHARED** experience. Its not something that you do **TO** someone - it’s something that you do **WITH** someone.

Next lets talk about “natural” ability. What is it exactly? I would say that there really is no such thing as a true natural. Sure, some of us may look better thanks to good genes, but what comes across as

“**natural**” skill in the realm of human interactions is about **80%** mental and **20%** physical.

Hef once said that what makes a woman sexy is about 20% physical and **80% what she s thinking.**

The ideal woman is one that a man both wants to protect and possess at the same time.

So skillsets can be learned. That’s what makes them skillsets. There comes a point however in any skillset where it becomes almost entirely mental... Almost entirely reflexive.. It becomes mindset. This is where you want to be.

Then there’s having a mentor. Having someone to point you in the right direction, to show you what has worked for them and others, to give honest and open feedback - is priceless.

Having a mentor will speed up results exponentially.

Good mentors are hard to find...

Especially

ones that will be honest with you, ones that will guide you and let you learn a particular skillset in your own particular style. Too many mentors want to create

little mini-me's of themselves thinking that what has worked for them exactly will work for everyone else the same way. But things just don't work that way.



People are different. Everyone has certain strengths and weaknesses. It takes a certain type of mentor to be able to see these nuances and to be able to make them just work for you.



The main determinant of success in using The October Man

So what is the main determinant of success using this technology? Why do some people seem to have amazing results and others just stumble through it?

I believe the crucial factor is your frame.

Your frame is where you view your place in the dynamic of an interaction. It's your position, your status, your role in an interaction.

Whenever two people interact, there is an interplay from which the dynamic develops. An interaction with another person can be viewed in terms of your actions and their reactions, and your reactions to their actions.

Power play is always in effect. Unless you are in a predefined role where rank and status is already set (like the military, etc...) then you play a large role in determining your status in the interaction.

If you don't set your own status (whether consciously or unconsciously) then the other person will set it for you – most often in their favor, not yours.

Let's first look at your actions.

Do you have clear actions with clearly defined goals that are driven by your intent?

If not then you need to do so.

Everything that you do needs to be clearly defined and congruent.

Try this – stop right now and look exactly at what you're doing. Define the goal and the purpose of your actions right now. Learn to do this in each moment. Practice being fully conscious in each moment. Know what each moment is for. If the goal of this particular moment is to learn something, then put your full mind into it and don't do it half-heartedly.

In this way, you'll get the most out of each moment. If your goal is just to **relax**, then just relax and don't let anything distract you from it.

Clear actions come from clear purpose and focus in the moment.

Now lets look at your reactions to others actions. Other people are always trying to determine their status and have to prove it to themselves by exerting their will over others. How the other person reacts to this determines the other person's status in the interaction.

For example, let's say that you start dating a girl. She may test you continually by asking you to do this and that, and you may in fact do nice things for her – but you may only do them because you want to and because you want her to be happy. If you get to the point where she's saying “**jump**” and you're saying

“**How high?**” then there's a problem because she's got you under her thumb. You never want to be inferior in a relationship – you should at the least be equal.

Now how do you maintain your power and status in an interaction? Much of your value is based on your reactions to the other person's actions. In general, if someone wants you to jump and you automatically say “**How high?**” then your actions are determining that their status is above yours.

Sometimes those people in power will have their subordinates do tedious tasks at their slightest whim just to continually demonstrate and reinforce their power.

But for example if you were to say,

“**What's in it for me?**”

You are automatically putting a value on your actions. You are not giving away your power for free.

When you put value on your reactions, you up your own value in the interaction. Your reactions determine your value. Someone with high value will say things like, “I know you may want me to do this or that, but that doesn't quite work for me – What can you do for me?” **THAT** has to be your implicit message whether it is communicated overtly or covertly. Another thing you can say is, “If I do this for you, will you do this for me?” Again, you are putting a value on yourself and there's nothing wrong with that. Remember that value has to come from yourself first. **You have to set your own value.**

Also remember that higher value is attractive. Your actions have to reflect a higher value.

So now that we've talked about the Value frame, *let's talk about Authority.*

Authority and Value are very much interlinked. Authority
in itself conveys value and value
conveys a sense of authority.

The Authority frame is when you convey a sense of expertise in something. It is when you have knowledge or skills that are meaningful in a given situation. It is when you have the solutions to problems.

Take on the Authority frame in your daily life. Now, you can be an Authority on a particular subject or in a certain part of your life.

That's not just what I'm talking about. What I'm talking about is being an Authority in your **OWN** life. Be in Charge of your own life. Take back your power if you've given it away, realizing that your power is yours to keep and yours to give away if you choose. Every moment is a new moment to choose to take hold of your power. Whenever you set your mind to something and decide to do this no matter what, and then you follow through with what you've set – you are demonstrating your power.

When you've taken a hold of your power, you can then start to demonstrate Authority and power over others.

Start by asking people to do small things for you. It can be anything – just as long as it's something. When they do small things for you, reward them accordingly and proportionately to what they've done for you.

One thing that you can practice is getting on what I call a “command train”. Ask someone that you have a close rapport with to do something small for you. Before they can finish that thing, ask them to do another small thing for you, and before they can finish that small thing, ask them to do another small thing for you – and on and on. See how long you can stretch this out before they stop. *Oftentimes*, you may have people who get on the “command train” and never come off. They don't have time to process objections to your requests because they are too busy fulfilling the last request. Their critical factor is essentially suspended.

The three KEY factors that define hypnosis remember are;

- 1) Focus
- 2) Suspension of the critical factor
- 3) Leading with a strong intent

You can also escalate the “command train” using what I call the “Gradient principle”. The Gradient principle is where you start out asking for something small and innocuous and then gradually escalate your requests until after awhile they are doing things for you that they never would’ve done had you started out with that request.

When someone gets on your command train be sure to reward them accordingly. The longer you can get them to ride your “command train” the higher your value becomes in the interaction.

So why the emphasis on value? The answer is that the more value you convey, the more authority and attractiveness you’ll have, and the more authority and attractiveness you have, the more value you’ll convey - and on and on.

Notice how this is a positive feedback loop also known as a hyperempiric loop.

The Hypnotic Seductionist Frame

So what is the hypnotic seductionists frame? Well, first let's look at the words and come up with some definitions.

Again, hypnosis is the result of three KEY factors.

- 1) Focus
- 2) Suspending the critical factor - suspending judgment
- 3) A strong lead and a follower.

The stronger the frame of the leader, the better the results. The better the follower (or you

could say the more **RESPONSIVE** the follower) the better the results.

So we've talked a little about having a strong frame,

now lets talk about

creating responsiveness.

Creating responsiveness

Responsiveness is a condition of openness - where someone reaches out for something. It can be both externally driven or internally driven. **It is a motivation. It is receptivity.**

An example of externally driven responsiveness is where motivation comes from an external source - like reward and punishment. People generally tend to **move toward pleasure** and away from pain. One of the most effective ways to motivate someone is to give them pleasure for moving toward a certain desired outcome, and at the same time to give them pain to move away from.

Everyone has some sort of pain in their lives. Its just a part of living. Once you've built up enough rapport with someone, you **can evoke pain as easily as talking about it. It can also be brought up by cold reading. An example would be to say to someone, "I look at you sometimes and underneath all the smiles I can see something else". You might not even be aware of it. In your eyes there's a deep pain that's never quite healed. In fact sometimes when your alone you probably feel this pain and you might be right at the point of uncovering where it came from, but at other times it may just break through and make you sad without knowing why. At some point in your life, your heart was broken - and it shows... I can put my hand right here on your chest (as you do it) and I can feel your wounded heart chakra. I can feel your pain...**

Tell me about it...

As they open up and pour out their heart, empathize with them. Listen to them with an open heart and mind and you will have evoked their pain.

Once you evoke their pain, **immediately** switch over to evoking pleasure.

You evoke pleasure by eliciting what feels good. You can transition by saying, "Its getting kind of heavy in here - lets talk about fun stuff... If you could be doing anything right now, what would you be doing? What is it about this that you enjoy? **What does it feel like when you do this?**

In this way as they describe pleasurable feelings and situations, you become connected with these feelings on an unconscious level. What's more is that you've also connected with their pain.

If you've connected with someone's pain you must also connect with their pleasure otherwise they will associate you with their pain and **avoid you just as**

they would **avoid** their own pain.

When you connect with just their pleasure, they may view you as superficial and momentary.

So when you can connect both with someone's pain and their pleasure, something

interesting happens. **You become the solution to a**

problem. You connect at a much deeper and more meaningful level than you ever would've before. They then become ultra-responsive.

Responsiveness can also be thought of in terms of "doors to the soul". I have two general categories of responsiveness that I'll group people into. These are; Physical responsiveness and Emotional responsiveness. You can think of these categorizations as both "doors" and "perceptual filters".

Physical people tend to be active, engaged, in the moment, and physically oriented. In relationships they need physical affection and touch to know that they are loved. They express their emotions physically as well.

Emotional people tend to be sentimental, sometimes withdrawn, introspective, imaginative, thoughtful, many times in their own heads feeling very deep emotions. In relationships they

need to feel **emotional connection** before they can open up physically. They need to feel a sense of attachment and belonging. They are oftentimes very artistic and they love the arts including poetry, music, artwork, and literature.

Once you know what category someone falls into whether it be physical or emotional, you can know what someone will respond to. You can in effect target their responsiveness. People feel most comfortable with what is familiar.

Virginia Satir once said,

The strongest human instinct is not survival, it is to do what is **familiar.**



Chapter 3

background and
foundational understandings



Foundational Understandings

The map is *not* the territory.

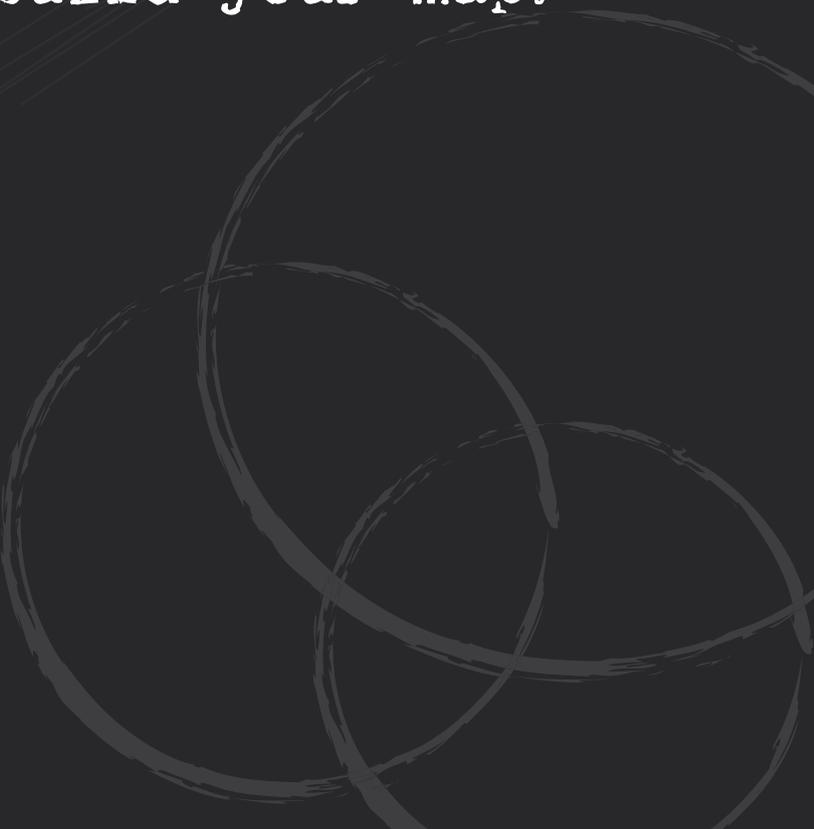
We all have our own maps of reality. Some of us have maps that give us an advantage and access to skillsets, some of us have limited maps that hurt us and don't allow for personal growth. So what makes the difference here?

People with large maps are constantly looking to **expand** their maps of reality. They look for better ways to do things and are open to change. In general, the person with the largest maps and the most options and tools have an advantage over people with narrow minded **closed off maps, who are inflexible and resistant to change.**

I call this expansive versus constricted thinking. There are times to be constricted and there are times to be expansive. In general, if you are learning, studying, and collecting information, expansive thinking should dominate. When you are ready to test and take action on what you've studied, become more constricted in you thinking until you've proved that what you've learned is or isn't *valid* for you.

In addition, you can look at others maps and examine what tools they use that may work for you. This is called modeling. It has to do with examining the identity, beliefs, attitudes, mindsets, capabilities, and skillsets of others. You can take parts of others maps and add them to your own.

In this way, you build your map.



Intent

Lets talk about intent again.

Intent is formed from both focus and will.

Imagine intent like a spotlight.

Focus is where you shine the light, will is how bright the light is.

You get what you focus on.

We create our own realities. These are our perceptual filters - or what *Aldous Huxley* calls **The Doors of Perception** .

As an experiment, you may begin to notice how people have differently shaped nose holes. Some are *shaped like beans* - with a rounded base that slopes up to the tip of the nose with an easy curve. Some are *shaped like triangles* - squared angles along the base with sharp tips. And yet others are *shaped like the letter "S"* - with narrow slits that curve toward the tip.

So now that I've brought your attention to this, you may begin to notice how from this point on, when you talk to people, you will **look** at their nose holes, and try to fit them into one of the categories that I've mentioned.

I've just expanded your map.

This is what we do. We categorize and sort our perceptions into what we know from our current map. We constantly compare and update our maps of reality.

You may also think of Intent in this way:

Focus is based on internal perception,
Will motivates External action.

The Unconscious

There are many schools of thought as to what the unconscious is and what it does. I'll provide a useful and practical explanation for you.

The unconscious is where all of our automatic and instinctual behaviors and responses come from. It has been compared to an iceberg - where roughly 10% of our mental capacity is in

our conscious awareness, and **the other 90%**
is transparent to us.

Yet we can learn to become aware of our unconscious and even learn how to communicate with it.

There is a statement that

“What the thinker thinks, the prover proves”.

The conscious mind is the thinker and the unconscious mind is the prover.

If you think something, your unconscious mind will do its best to prove it to you. It does this through cognitive behavioral tools like distortion and deletion where you basically focus and filter for what you think. “Coincidences” may occur which prove what your thinker thinks.

The unconscious mind also communicates and expresses itself in symbols. **This is the basis for much of psychotherapy and dream interpretation.**

For example, if you wanted to have money you wouldn't just say to yourself “I want money” - your unconscious already knows that. It is more effective and powerful to visualize yourself doing the things that money

GIVES you, as well as visualizing yourself with money.

The unconscious mind is also the automatic mind. You know all the things that you do throughout the day, like getting out of your car and locking the door, walking, eating, swallowing, taking out your keys to open your front door...

These are all things that would take up a huge amount of your conscious awareness if you had to think about each and everything that you did. The trick however, is to become aware of what your automatic behaviors are and if they serve you. You may find that some of them

are not in your best interest. **Here's a tip** - Becoming aware of your automatic behaviors is the hardest part, but once you have, you can interrupt the process by stopping your response through your awareness of it. This is your conscious mind taking control and **directing your unconscious mind**. Then as you take a new response - as you do it over and over, roughly 21 times or 21 days, you build a new automatic response. Pretty soon you have a new automatic response that you don't even have to think about.

This process is called

“conditioning”.

Symbols – the Language of the Unconscious

The unconscious mind communicates through the language of symbols.

Symbols can take many forms. For example, money is often a symbol for power, influence, and entertainment, security, status, and comfort. Just take a moment to think about what money gives you. Is it a sense of security? *Status? Time? Relaxation?* I know there are probably many things but if you had to list just one, what would it be? This is your *END VALUE* for money.

Let's take another example. Take the feeling of having an orgasm. If you had to give this feeling a color, what would it be? Where would you feel this feeling and color? What would happen if you took this *colored feeling* and made it brighter - more intense, and moved it all throughout your body? Now what happens when you take it all and intensify it to an intense point and move it right to where you feel it the most? What happens when you make it grow larger with each breath in and diminish with each breath out? And as it expands beyond your physical body, what happens when you move it through someone else's body. What happens when you move it in and out of yourself - becoming more intense each time it moves inside of you and wanting it more and more each time it leaves your body?

This process is called **Symbolic Morphology.**

Included with this book is the original document by IN10SE. He has given exclusive permission for this material to be used here in conjunction with this book.

Read it over and understand how to use this process which consists of synesthesia combined with a state deepening method called fractionation.

This is the tool through which the October Man sequence is accomplished.

Mind - Body connection

Pleasure always comes first.

Whether people are moving away from pain or moving toward pleasure itself, pleasure is a primal motivating factor in human behavior. Pleasure that brings us into the moment is the most real, and is mostly experienced in the body.

In the book *Secret Principles of Pleasure*, IN10SE goes into great detail on how to maximize pleasure between lovers.

There have been many viewpoints on the relationship between the mind and the body and more specifically, physical pleasure and persuasion.

Some have said “**Lead the mind and the body will follow.**” While this may be true to some extent, the more accurate principle is “Lead the body and the mind will follow.”

Remember that the critical factor must first be suspended and should be your first objective in any interaction where you will be leading your subject to pleasure.

IS NO

The next major realization is that once the critical factor has been suspended, there separation between the mind and the body.

This is one of the major breakthrough realizations of the October Man. That what is experienced as pleasure in the body is the pleasure that is imagined/visualized by the mind and the pleasure that is imagined/experienced in the mind is experienced and amplified

as pleasure in the body. **This is also the meaning of synesthesia.**

Regression & vulnerability

You're probably wondering what these two subjects have to do with each other and what's more, with the October Man.

To answer your question, realize that we are most vulnerable when we are regressed.

Regression is a state where you return to a previous state.

The state at which we are most vulnerable is during our childhood. This is before we've learned how to consciously cope and deal with stress by putting up walls and defenses.

In fact, when a child who doesn't have defenses experiences stress, they often just have an emotional response and

cry

- or if the stress

is great enough,

their unconscious might do unpredictable things - like they may stop talking, or they may block it out all together.

Remember before that we talked about parts of ourselves? Well, in each of us there is a child - and through the years we've added layer by layer of experiences and like an onion - we've built our persona both on our

previous external experiences

and how we interpret and perceive those external experiences which is the internal part of the equation. In this way we are a combination of both internal and external factors.

On a side note, for this very reason realize that you are shaping your persona every day through your internal perceptions and interpretations of external experiences.

Control your external experiences, and change your perception of your experiences and you'll change yourself.

So back to regression. At our core there are no walls and no defenses. If we've bonded with another person like infants do normally then we know what it's like to feel connected at

no sense of self

a deep level. In fact, in this state of connection there is

There is only the sense of connectedness. Ego gives way to something deeper and more meaningful.

I'm going to term this the ***Bonding period.***

Some would say that the experience of love itself is motivated by the instinct to bond again

at a deep level.

So how do we choose who to bond with?

Read this carefully and reread this next statement.

We bond with the person that causes us to regress back to the bonding period - to that earlier state in our lives when we had no sense of self, no walls, no defenses - just connectedness.

So how do you use this information?

One of the most effective ways is first to presuppose that the other person is a child. Talk to them in a caring way as if they were a child. Have fun with them and be just act like kids together. Nurture them and when they open up and tell you about their hopes and fears,

reward them by nurturing them both emotionally any physically. **Also give them a self image to live up to.**

Have them tell you about their childhood.

Your goal is to know the **child** within them.

Sexual Conditioning

Sexual conditioning is the process by which sexual behavior is modified.

Aristotle once said, “When two things occur commonly together, the appearance of one will bring the other to mind.”

In classical conditioning, it is proposed that emotions can be linked to a neutral stimulus.

To apply this to sexuality, let's look at an example.

Let's say that you want your lover to

orgasm on command.

It may take some patience and some practice, but here's what you do.

Understand that the desired behavior is to orgasm on command. Now you have to have a stimulus.

Let's choose something like biting her neck. That is the stimulus.

Now you must get her to unconsciously link orgasm

With you biting her neck.

From this point on, when she has an orgasm with you, softly bite her neck. The key is that you must do it every time.

It may take weeks or even a few months, but you'll eventually get to the point where even the feel of your lips on her neck gets her turned on.

After several weeks, try just lightly kissing your partner's neck, let them feel your teeth on their skin. You may find that as you **continue to do this**, they start to get turned on, and then as you bite their neck, allowing them to anticipate your intention to do so, they orgasm.

The other thing you may want to condition your partner for is to be adventurous sexually.

For this, you must first normalize the behaviors. It has to be ok and maybe even something that appeals to their sense of adventure and excitement. There must also be a certain amount of desensitization to resisting factors. Part of desensitizing comes with repetition, and part comes with constant exposure, which may include being exposed to the behavior or the idea of the behavior in a consistent but yet non-obtrusive way.

After making the **behavior normal and ok**, you have to provide the motivation. For some the motivation could be experimentation. The motivation may also be for your partner to please you. If your partner has a self image as someone that is adventurous and open-minded already, then this image will most likely carry over into their sex life as well. Motivation may also be provided through reward and punishment.

The next step after normalizing, then motivating comes the stimulus-response patterning.

In order to set up a stimulus response pattern, there has to be a distinct stimulus, which must be virtually identical each time it occurs. The **stimulus** may be subtle or it may be obvious - it just has to be the same. It would be easier to provide the same stimulus in the same context at first, (example; rubbing your partners feet before going to bed whenever you want your partner to perform oral sex for you) and as the stimulus and response becomes more automatic, you expand the context of the stimuli to other situations and places. (Rubbing your partners feet at a movie theatre and other times and places which would be followed by your partner performing oral sex in those places and times.)

The last step in the process of sexual conditioning is habituation. This is where the stimulus response pattern becomes automatic and regular. It occurs without hesitation or thought.

Remember the principle that the strongest human instinct is not survival - it is to do what is familiar.

Its been said that if something is done **21** times the same way in the same context, it becomes habit.

stimulus

Huna Principles – Three components of Lomi-Lomi

Huna is a Polynesian philosophy that was brought into mainstream attention by Maxwell Freedom Long. In his books he talks about the Kahunas and their beliefs. These were the “medicine men” of the islands who among other things, were believed to be able to control the clouds, heal, cast curses (“taboos”), and commune with the forces of nature. The philosophy of huna had some very fundamental beliefs which make a lot of sense for us today.

Some of these include;

- 1) Now is the moment of power
 - 2) Energy flow where attention goes
 - 3) You get what you focus on
 - 4) Love is happiness in the moment
- and many more...

And its from the huna tradition of Lomi Lomi that the October Man method was originated. Lomi Lomi was the tradition of laying on of hands - in fact, it literally means

“loving hands”
in some translations.

The basic idea distilled from lomi lomi is that there are three elements in addition to a strong intent which make this technique powerful.

These are:

- 1) Touch
- 2) Shared visualization between the two people
- 3) Voice - this is hypnotic suggestion

As you can see, three of the five senses are used to make this effective. In fact, the October Man uses an OVERLAP of these senses to make an even deeper impression. Another word for this overlap is **“synesthesia”**.

This is where touch is seen and where sound is felt. Visualized colored “energy” is created to symbolize feeling and emotion, and as this “energy” is moved through the subject’s body, through touch and shared visualization along with verbal suggestion, the “energy” (and thus the feeling) can be focused, deepened, and amplified. This guidance speaks directly to the unconscious mind and the subject reacts accordingly.

The “energy” can be made to symbolize almost anything. For example, if you wanted to amplify a feeling of ecstasy, you would first elicit this body sensation by having the person describe it in detail - including where the feeling was located, having the person imagine or remember what they were doing even if they don't tell you. And then having the person turn the feeling into a colored energy.

Now, its important to have the person describe the energy on their own, giving it whatever features and characteristics that their unconscious mind comes up with.

Some people may see the color red, with sparkles shimmering from it... Some may feel the heat coming from it, some may see it pulsating or hear it buzzing.

Whatever they give you, use it. This is their unconscious mind speaking its own language directly to you. This is essentially their

unique code for ecstasy.

Now that you have their code, you can start to do interesting things with it. If you want to amplify it, you may describe in a guided visualization how this energy starts to become brighter and more intense - spreading throughout the persons body. You may then focus it on one point in the middle of their chest as you place your hand there and “trace it” throughout their body - while you move your hand, touching them where you intend the feeling to go. Moving this energy to erogenous zones like the inner arms, chest, breasts, stomach, inner legs, and face has a profound effect of not only being stimulating, but also increasing desire.

As you guide them with your words, saying “now you can notice how when I touch you here the energy glides along the surface of your skin leaving traces of these amazing feelings like waves rippling through you - and how as I press deeper, the feelings penetrate you even deeper, filling you up deep inside you, moving inside you...”

The next step in this method is to “**fractionate**” the state.

Fractionation is a state deepening technique. In other words, it makes the trance state even more powerful and intense.

To do this, you take the person in and out of the “feel good” state - by moving the energy in and out of them. Take the energy out of them and into your hand by saying, “now notice what it feels like as I take this energy out of you, taking it into my hand...” (as you take your hand away from their chest)

They may actually gasp involuntarily at this point as you have (according to their unconscious) literally taken away their ecstasy.

Now you are going to **DEEPEN** their ecstasy by placing your hand back on

their chest as you have them take a deep breath and saying, “now notice how as you take a deep breath I put this energy back inside you and it goes even deeper, becoming even more intense, filling you up even more... Touching you now in the deepest places inside you... What does this feel like?”

Let them answer. They probably won't be able to say much as their logical mind and thus their “critical factor” will be asleep.

Getting them to say how it feels is however a form of fractionation because they must “meta-state” that is, step **OUTSIDE** of their experience momentarily to examine how it's making them feel.

Its important then to give them positive reinforcement by saying “good... Take a deep breath in and now notice how I can put my hand right here on your chest and start to move and spin this energy... as I move my hands over you, it spreads with every touch, like waves of pleasure pulsating through you...”

As your hands **touch** them, moving along their body

touching **EROTIC** zones including breasts, stomach and lower, through your words you guide the shared visualization. Move in close that your bodies are practically touching and reach along the shoulders of your subject and trace the energy along their back so that your arms are around them.

Now take the energy and move it in a **circle around their back** as you guide it to flow into your arms and hands, having them reach their arms up around you touching the center around your back (your “heart chakra”) as it flows back into them.

You can time this with your breath so that as they breathe in, they take **IN** the energy from you and as they breathe **OUT**, it flows from them.

Alternatively, you can have the energy flow back and forth between your “hearts” as you press your chests together. All the while you are pressed in close to them whispering the guided imagery into their ear.

At this time, they will be very aroused and things will escalate physically very fast in most cases given privacy and a direct and unhesitating intent.

Principles of Majick

So what is Majick?

Majick is the art of focusing the will and the emotions to effect change in the world around you and within you. It is neither good nor evil. It is morally neutral.

In Huna, we see this same concept illustrated by the belief, “You get what you focus on”.

Even in quantum physics we see the same concept at work. There’s the Heisenberg uncertainty principle, in particle physics where you either had a particle or a wave depending on what your focus was on and what you wanted. In psychology we have cognitive psychotherapy - where you focus on thought patterns and cognitive distortions. In cognitive distortion, we automatically use tools such as distortion, deletion, and generalization to both focus on and make sense of our world.

Majick is just another way of explaining the principle that

“you get what you focus on”.

So how do you focus? To understand this, we must look at **INTENT**.

Intent – Wrestle the Angel

It’s been said that you get what you focus on. And that energy flows where attention goes. So Intent has partly to do with focus, but it also has to do with the force behind the focus. I imagine intent to be like a shining a light. Focus is like shining a light on something – you see and thus get what you focus on, but the force behind the focus – the will... is like how bright the light is.

Remember,

intent is a combination of both focus and will.

INTENT = FOCUS + WILL

Here's another way to understand Intent. Imagine the analogy of a flashlight. You are the flashlight. Where you focus is where you shine the light. How bright the light is represents how strong your will is, and the Universal Form (i.e. Love, Lust, Truth, Beauty...) is the light itself that shines through you. *Are you beginning to see the Matrix?*

Intent is a verb. **It implies movement and is fluid.** It is something that you do. Therefore to stop and analyze it while one is in process of Intending is to stop the process of Intent in its tracks. Just do it. Intent Flows.

There is Intent all around us. Everything that happens in the world is a result of the interplay of Intents. There are people and forces around you that most likely have an Intent that serves their own interests and not yours. Be aware of this. Sense the flow of energy in every situation. Sense the Intent – the focus and the will of the forces around you.

Know that others may have will and focus, and that you can exert your own Intent to influence their either their will or their focus and thus their Intent. The most Active forces win.

Let's say that you're interacting with someone who has a **destructive** Intent toward you. This can be a very threatening situation especially if they are someone who has both the focus and will power to carry their Intent through. You can influence either their focus or their will, and thus influence their Intent.

Their focus can be altered in many ways including through distraction, through surprise, and through not allowing yourself to be focused on.

Their will power can be altered through many ways including draining through a direct contest of strength of wills, by taking away the foundation driving their will, and through psychically draining their will.

And so you must also develop your will. Your unconscious mind will work for you, but only if you truly will it to. **Follow through** with everything that you set your mind to in your daily life. Make goals, achieve them and make it a matter of will power. You must demonstrate and exercise your will daily. Your will has to do with just wanting to do something. For example, in your job and career, what determines your ultimate success may not be how smart you are, or how technically skilled you are – so much as your will to just do it.

And you must develop your focus daily as well. This can take the form of simple exercises like focusing on a task that requires you to let the world around you dissolve away – where only the thing that you’re focusing on exists.

You could pick a
spot on a white wall

and focus on that spot for
increasing lengths of time every day – letting everything else fade away and every thought
becomes silent until there is just your will and your focus.

It is through developing your will and your focus that

you will develop your **Intent.**

This is what it means to wrestle the Angel.

Principles of energy work

Through the years there have been many names given to this energy. Mesmer called it “animal magnetism”.

Freud called it “**libido**”.

Reich called it “**orgone energy**”. In the East it is called QiGong or “**chi**”.

In India they describe energy centers called “**chakras**” with energy channels called meridians.

This energy is believed by some to be psychic, and believed by others to be physiologic. It all depends on your focus - you get what you focus on.

The secret to energy work is that energy flows where attention goes. Now is this energy limited? Some traditions would say so, like the tantric philosophy holds that chi energy is lost with each orgasm. Their monks can go for years without ever having an orgasm for fear of losing their “vital force”.

Energy is infinite.

It comes from unlimited energy and goes to unlimited energy.

We are just the circuits through which this vital energy flows.

And we can channel it

and direct it according to our **INTENT (Focus + Will)**.



Chapter 4

Visualization and
other exercises



Visualization

One of the best ways to introduce the October man method is when you notice that your subject is a “visual” type.

Clues to this are:

- artistic types
- looks up when talking
- uses words/phrases like; I SEE , I see your point , etc.

I say, “You’re a visual type aren’t you? Strongly visual people have great imaginations and make mental pictures, in fact you probably imagine being with your perfect person in your perfect house with your perfect family.

At least that’s what you’d like to have someday.

You know something I was studying called synesthesia combines visualization with other senses. You’d probably be really good at it. **Do you want to try it?”**

And this allows you to go right into the October Man method.

Visualizing your own energy

Energy work requires that certain beliefs be true for you. Suspend any disbelief and allow your critical factor to rest.

1) Energy is real

You can call it physical energy, emotional energy, and psychic energy. It is real and is what gives us life, purpose and motivation. It is manifested in many ways and through many expressions including money, happiness, love, and sex. It is like the wind – you may never see it, but you can feel its power and you can see its effects. It comes from the infinite and it goes to the infinite. Everything else is merely an expression of it.

2) Energy flows where attention goes

Energy can be directed by using your INTENT (Focus + Will). You can guide your energy through places, people and situations. A prayer is a form of energy control in that you focus on an outcome, you direct your will (whether unconscious will, or conscious will) and you send it out – thus letting it go.

3) You can use a symbol (i.e. an Energy visualization to direct the flow and purpose of energy)

The unconscious mind speaks in the language of symbols. You can visualize energy and INTEND it to fulfill a certain purpose.

4) SHARED energy visualization amplifies the effect of it

When both you and your subject visualize the flow of energy that has taken on a symbolic meaning and purpose, it amplifies the effects of it. The October Man uses a SHARED visualization technique to do this.

5) You can feel, See and touch energy

Some of this may be magical thinking, but again if you were to suspend your disbelief and critical factor if only for a moment, imagine what it would be like to “feel” energy... to “see” it and send it out with a certain purpose in mind. Imagine if this energy experience were shared between two people and both were to *“feel”, “see” and “touch”* this energy. This is the basis for Tantra as well as many other philosophies. This is also the basis for the October Man method.

Now to the exercises:

Exercise 1

First, suspend your disbelief and put your critical factor to rest. You have nothing to lose and everything to gain.

Now, think about the thing that you love most in this world. It may be a person such as a family member, or an animal like a pet, or it may be a thing. Whatever it is, think about this thing. Interact with it in your mind, and remember all the things that you do with it. If it's a person, such as a child, remember the first time you looked at them. Think about how they have changed and grown through the years. Draw from deep inside of you and ask yourself, *“If I were to give this feeling that I have for this person/thing/experience a color, what would it be?”*

Now close your eyes and let your mind flow. See the color form in your minds eye.

Now open your eyes, hold out your two hands in front of you as if you were holding a ball, and direct the colored energy to form in that space.

Feel the warmth of it, see it in your minds eye.

Now start to manipulate it.

Make it pulsate. Make it grow larger, make it concentrate into a pinpoint. Make it grow again. Take it into your chest, take it out again.

Now here comes the interesting part...

Send it out.

Send it to someone that may be in close proximity to you, maybe sitting across

a restaurant, or sitting across from you. **Notice their**

reactions. Depending on how in tune they are with their unconscious psyche, they may have a very strong reaction to it. They may immediately look up right at you. They may smile. They may find themselves attracted to you.

You can also send this energy out to someone that you love. Don't be surprised if you get a phone call from them soon.

Now it is this energy that you'll be using during **the October Man** when you touch your subject.

The only difference is that the energy will be a **SHARED** visualization, which will augment its power. When your subject shares the visualization, they give themselves permission to experience the effects of it because they are now an active participant.

You can also use this method in giving a “fractionation massage”. This is when you touch the person with your energy, rubbing it into them, through them, gliding along the surface of their skin with light strokes, and penetrating into their core with deeper pressure stroke.

They may not know what the difference is between the way that you touch them and the way that others touch them – but they definitely

WILL notice a difference.

Sensing others energy

Exercise 2:

Again, doing this requires you to suspend any disbelief and to put your critical factor to rest.

Sit close to someone. Place your hands a few inches away from their chest. Clear your mind. If you were to “feel” and “see” their energy, what would it feel like? What would it look like?

Does it feel warm? **Can you see it in your minds eye?**

If you were to give their energy a color, what would it be? If this color had a meaning or symbolized something, what would it be?

If you've been able to do this, and you have a willing partner, confirm your impressions with them. You may be surprised to find out

how accurate your impressions are.

You may be able to pick up on what they are feeling, their mood, their experiences of the day, or their thoughts.

Interactive energy

Now we're going to go over interactive energy. Energy goes where attention flows. Energy can flow from person to person. You **don't need** to physically touch someone to make this happen, although the power and effect is amplified when you can do this.

So how do you combine touch and energy visualization? First, let's talk a little about touch.

Touch is everything

There is nothing like being touched the right way by someone... touch has the power to entice, to **build desire, to soothe, to calm, to tease** Touch has been shown to release chemicals in our brain that give us pleasure, make us feel good, make us want more.

But I've come across a secret that makes a definite difference in the way that touch is both given and received. There's a difference between ordinary touch and "Sensual" touch.

The feeling that you put behind your touch is what makes it sensual.

What I'm talking about here is the energy or put another way the "**intent**" behind your touch. You see, there is energy and intent behind every action that we take and everything we do in life – and touch is no different.

Just try an experiment here. You need to have a partner or friend who can give you some objective feedback. There are two parts to this experiment. First just touch their arm just like you would in any everyday situation – no particular emotion behind it.

Then, wait a little while – fill your mind with sensual thoughts of the two of you in bed (or wherever you want to be getting it on) – and imagine the two of you making the most passionate, sensual, **erotic connection...** now touch them.

Ask them if there was a difference in the way that you touched them or in the way that they experienced your touch. Now if they're in tune with their own body and their own perceptions – you'll find that there is indeed a definite difference. Even if it's just perception alone – the perception of what's behind the touch on an unconscious level, sets up the context for the touch.

It's almost as if the sensual intent behind the touch changes everything – as the touch is just a physical manifestation of a connection on a much deeper level.

And what's interesting is that you can touch people like this who you really don't know that well, or who you may have an interest in – and you'll find that the fires of desire are much more easily stirred within them. Yes, it may be magical thinking, but so much of being a sensual lover is – there is so much that is in the mind, which carries over into the way that you walk, talk, breathe and act.

Now in general there are two types of touch – light and heavy. But there's more to it than just that.

Here's another secret about touch.

Touch - like everything, tells a story

And a good story has an

introduction, middle,
a building of

tension,

and a release and climax. Let your touch be the same way.

Start with light touching in places that are non-obtrusive. In places like the arms, hands... And that sets the premise.

As the premise is set, you move to the middle of the story where comfort builds and sexual tension starts. This sexual tension gradually builds and builds until it overwhelms the both of you and the climax of it brings you to the next level.

But this next level isn't the same for everyone. Everyone has their own model for the way that they used to things happening sexually. For many, touch progresses to kissing, and kissing to sex. For others touch may lead directly to sex.

Developing sexual tension and progression of physical intimacy can be non-linear. Take what they give you and amplify it – whether it be touch, kissing, foreplay... The secret here is:

Amplify what your partner gives you – because the climax of that will take you to the next level

Now that your touch has set a premise, let it become comfortable. **Let your lover** become comfortable with your touch and touching you.

Touching in places like the thighs, the shoulders – giving a shoulder massage are all ways that you can build comfort with touch.

Now that touch has become comfortable I begin moving the comfortable touch into places

that are more sensitive. These places are places like the back of the **neck**, behind the ears, running fingers through the hair, lightly stroking the insides of the thighs, the insides of the arms, running fingers along the curve of the **stomach**...

These are places that are more sensitive because they have more nerve receptors. And a light sensual touch in these areas can really build up the desire and the sexual tension fast.

There comes a point where the **sexual tension is so intense**, that the transition to heavy touch in these same places becomes natural. Imagine with me now as you touch your lovers body with a heavy, passionate touch in these sensitive places – along the insides of their thighs, running your fingers along their stomach – and on down.

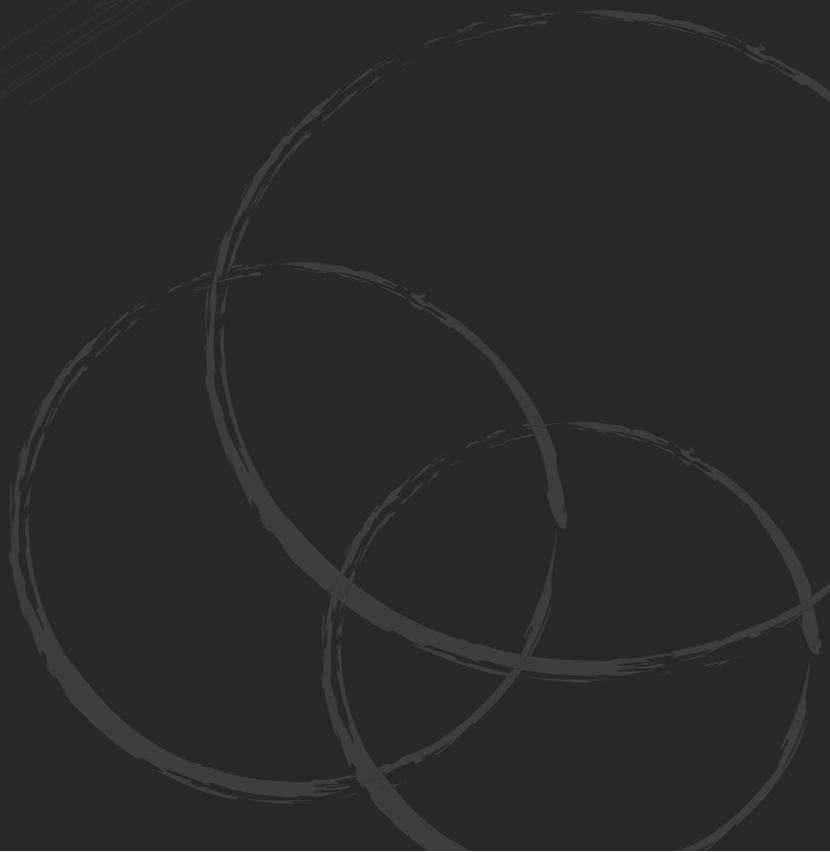
The transition to kissing or the next level is completely natural at this point.

Now that we've gone over touch, we can talk about **ENERGETIC** Touch. This part requires that you have a partner to touch. You must guide your partner through this exercise as you yourself do it.

Say to them

- 1) First suspend your disbelief , put your critical factor to rest for a moment
- 2) Now think about the thing that you love most in this world whether it be a person, an animal, or an experience. Focus on all the feelings that you have for this thing.
- 3) If this feeling were to have a color, what would it be?
- 4) Now YOU take this energy and put it into your hands
- 5) Say, Now notice what it like as you see this energy in my hands tracing it everywhere I touch you what is this like?
- 6) Take your hands and begin to lightly caress your partners arms, shoulders, and neck.

- 7) Trace this energy everywhere that you touch.
- 8) You must visualize this **ALONG WITH** your partner.
- 9) You can use your touch and intent to escalate the connection if you wish at this point.



Eye Contact – windows to the Soul

We've all heard it said that the eyes are the windows to the soul – We connect through the eyes, we can stir desire, arouse passion, and bring about a deep sense of closeness through eye contact. In fact, the first stage of connection is most often through our eyes. You can penetrate a lover's body just as much with your eyes as you can with your body.

Here is my secret for **arousing a lover with my eyes**. Again this may be seen as magical thinking, but so much of being a sensual lover is what happens in the mind. I first connect with my eyes, usually my left eye with their left eye as we talk.

Then I take on the most sensual thoughts of the two of us making the most passionate erotic connection – physically and mentally. Now verbally, we may just be talking about the weather, but my eyes and my voice are colored by a different intent.

Remember this...

Your intent creates the underlying meaning of the interaction

Next, I focus in on taking in their very essence through my eyes – like a wisp of smoky energy that connects with me as I take a deep breath in as they're looking at me.

Now can they pick up on this? **Definitely – and not always on a conscious level.** They may notice that you are especially seductive and attractive – that they find themselves wanting more of you – that they feel a deep connection with you as they look into your eyes.

The feeling and intent that you put behind your eyes as you look deep into theirs is what will

draw them to you – even before you ever touch them

Guiding visualization

Guiding visualization is much like narrating a story. You must have a clear intent and know where you want the visualization to go. This can be part improvisation and part scripted. You must have a good sense for symbolic imagery and then allow your intent to guide the symbol visualization. A little bit of common sense and an idea of what the symbol represents to your subject will **allow you to manipulate and morph** (change) the symbol as you see fit. Be careful though, changing symbols that are given by the unconscious can have deep ramifications and can change someone at the core.



For example, if you knew that someone's symbol for **"love" was a rose**, you wouldn't want to have the rose wilt and then die. You'd want to have it grow, blossom, and then hold it in your hand (so that it is connected with you in their mind) as you trace it over their body...

everywhere that the rose touches, traces of the feeling follow like waves

Tonality is important as well. You want to develop as slow, rhythmic pace, with pauses that can virtually be timed – your tone low and relaxing, soothing their logical mind to **sleep**.

Specific visualization themes

Here are some specific themes that you can include in your guided visualizations:

Basic Symbolic Morphology

1) Elicit what the person most loves in this world

2) Turn it into a symbol

Have the person give you a symbol/color that represents it saying, "Now if you were to take all the feelings that you have for this thing/person/experience and give it a color/symbol... what would this be?"

3) Manipulate/morph the symbol

Make it grow big, make it concentrate itself into a pinpoint of blinding light, and then move it through the persons body.

4) Actually **TOUCH** them as **YOU** move it everywhere that you touch throughout their body.

5) **DEEPEN** the state – fractionate

Move the color/symbol in and out of their chest. Take it away – then give it back. Link

the giving to their receiving by them taking it in with a **DEEP** breath so that they are

ACTIVE participants in both the guided imagery and the physical experience of it.

When you take it **OUT** of them, have them **EXHALE** it out.

6) Link the symbol/object to **YOU**

Take the energy **INTO** you, move it into your hands and "**GIVE**" it back to them as you touch them through your hands. If there is enough physical/sexual tension at this point, you may alternatively use your mouth/lips to have them "notice" where everywhere that your lips touch, you leave this energy like pulsating waves flowing through them.

7) Escalate the physical touch

Read over the previous chapter on touch and combine this format for touch with the guided/shared energy visualization.

The Attraction **Rose**

1) Elicit the Body Sensation

Have the person think about what it feels like to be attracted to someone – you want the

BODY SENSATION. Say, “When you feel attracted to someone, what is it that you **FEEL**?” “Where do you feel it?” Most people will describe “butterflies” or a “click” or maybe a “warm feeling” in their chest.

They may feel it in their chest, or maybe even in their genitals.

2) Turn the Body Sensation into a

SYMBOL (energy) This is where Synesthesia comes in. You want to turn a body feeling into a symbol – something that you can change and manipulate. First have them change it into a color, then have them send the colored energy into an imaginary

ROSE that you hold in your hand.

Say, “So if you were to take this feeling that you have right here (put your hand right on the spot) and notice that it takes on a color, what would this color be?”

“Now take this colored energy, and send it right here into this rose that I hold here in my hand...”

3) Manipulate the Symbol

Now take the imaginary rose and move it along the surface of their skin (not actually touching them but “brushing” them with this rose). Start with non-obtrusive places like the hands, arms, shoulders, neck – and if you don’t get any resistance, move on to their chest, stomach legs, and hips and other stimulating places.

You can have them take a deep breath in as the rose grows larger, and breath out as the rose grows smaller.

4) Link the symbol to YOU

Now take the rose and place it into **YOUR** chest saying, “Now notice what its like, as I take this rose and place it into **MY** chest, and the energy spreads outwards to my hands and now I put my hands onto your shoulders and move it through you...” as you put your hands on their shoulders.

5) Escalate the physical touch

Now you can freely touch them, as you move the “*energy*” through them everywhere that you touch.

You have in effect elicited attraction from them, turned it into a symbol, taken the symbol into yourself – thus linking it to yourself and now you’re touching them freely. If you do this while you’re alone with someone, the possibilities are endless.

The Pool

You can elicit the positive feeling, have them turn it into a symbol (energy) then have them send it into an imaginary pool.

Now have them step into this pool as the water starts to **swirl around them**, and they go deeper and deeper into the pool as they eventually are completely immersed in this pool of energy.

This pool can alternatively be an ocean of energy. This is also a good transition for when you have them imagine their ideal vacation and they see themselves laying on a beach. Of course you are laying there right beside them.





Chapter 5

Bringing all the
elements together



Evoke a feeling/elicit a state or body sensation

Everyone has an internal world. This internal world is where we keep all the perceptual filters that we use to process our external experience. And we have doors that can be unlocked if we know how to get there.

For example, everyone has a roadmap to happiness. **Happiness is an emotion.** It is something that is experienced in the moment – in fact, all intense emotions are experienced in the moment.

The roadmap is what we are interested in. In other words, we are interested in the process of getting to a certain state.

So how do we find the roadmap – how do we define the process? Here's the answer.

We define the roadmap to a past experience by accessing **MEMORIES**. We define the roadmap to future experience by accessing the **IMAGINATION**. But the best part of this method is that you don't have to figure this out – you just have to lead with the right questions. The right answers always start with the right questions.

State elicitation is just a matter of defining a state then having your partner define and describe their experience of it. For example if you wanted to both associate yourself with someone's childhood as well as evoke a state within someone, you may say:

“Tell me about the first time you ever kissed a guy.”

You then selectively ask questions that cause them to further describe their experience of it. You may then say, “So what was it like when you were doing this?” “What were you thinking?” **“What were you feeling?”** “Where were you feeling it in your body?”

All of the questions cause them to define their internal state at the time they were experiencing their past memory. They have stepped into the experience of it. They have become associated.

One key to elicitation is that when you elicit a state and link it to a body sensation, you make it real in the moment. The body will begin to feel what it felt and although the logical mind can rationalize the difference between now and then, the body and the emotional/physical minds cannot.

Re-read what I just said – it's that important.

The emotional mind and the physical mind only experience the moment. Just think about when you were experiencing an intensely strong emotion. You were fully associated into the moment. Nothing else mattered. Your logical mind was on hold. Think about the last time you felt intense pain. Where did you feel it? You were fully associated into the moment. Nothing else existed for that moment. Now think about the last orgasm you had. Where did you feel it? Did it come on gradually or all of a sudden, was it intense and earth shaking or was it slow and sensual? In that brief moment of release you were fully associated and nothing else existed for that moment.

We feel emotions in our body. Haven't you ever had a sinking feeling **“in the pit of your stomach”**? Or had a **“warm feeling in your heart”**? Or felt so stressed that your head was **“going to explode”**?

Our emotions and our bodies are inherently linked. And so when you take a body sensation and have someone imagine and describe what it would feel like in the future, or have

someone remember what it felt like in the past, you are indirectly creating **EMOTION** in the present.

Past experience if elicited and described causes the person to go inside (do a transderivational search) to search out their experience and in the process; they find their own roadmap for how to get there. Once they are there, to the emotional and physical minds there is no difference between past/present/future. To these parts of ourselves, all experience is primarily in the **MOMENT**.

The same thing is true if you elicit and have someone describe imagined body sensations. As they describe how they **WOULD** feel, they begin to actually **FEEL** what they describe because the emotional and physical minds are primarily **NOW** oriented.

When you name it, you make it real – when you describe it, you bring it to life. The more they describe it, the more they feel it.

Here's an example of a state elicitation leading into a body sensation:

“If you had thought about one thing or person that you **love most** in the world what would it be?” (This could be any question that asks for an intense emotion or feeling)

“X” (the thing/person)

“So when you’re thinking about “X”, how do you know that you love this the most – what is it about “X” that you love?”

“Y” (the reasons, the details)

“So all of these things, where (repeat “Y” reasons/details back) what is it **LIKE** when you have these?”

[They then must go into the feeling to describe it, and as they go into the feeling, the experience it in the **NOW** – it has become **REAL**]

“So as your feeling this *[you’re presupposing that they ARE feeling it]*, try this – if you were to take this feeling and tell me where it is inside you, where would it be?”

[They show you]

“And if it were to be a color, what color would it be?”

“How about feeling warm or hot”

“And is it moving”

[You are causing them to describe it – thus bringing it to life, and turning it into a Symbol through the use of Synesthesia – overlap of the senses]

Synesthesia is how our unconscious experiences much of our internal reality. It is our sensory filters that separate out our experience in order to make sense of things. Body Sensations are often linked to colors, Emotions can be linked to kinesthetic body sensations.

Given that your unconscious speaks in the

language of symbols, emotions can be linked to colors, and body sensations follow suit as well.

Turn it into a symbol



This is where you have them close their eyes.

Say,

“Now close your eyes and imagine with me.
If this feeling were
a color, what would it be?

Where is it at? Does it feel warm, hot...?

How is it moving?”

Synesthesia is how our unconscious experiences much of our internal reality. It is our sensory filters that separate out our experience in order to make sense of things. Body Sensations are often linked to colors, Emotions can be linked to kinesthetic body sensations.

Given that your unconscious speaks in the language of symbols, emotions can be linked to colors, and body sensations follow suit as well.

In fact, if directed your unconscious will find a symbol for anything you wish. If you say, “Give me a color for happiness”, your unconscious will come up with a color. If you say, “Now where is it at, how do I feel it, how is it moving...” your unconscious mind will respond. In this way, you can communicate directly with the unconscious minds of others as well as with your own unconscious mind.

Remember that describing detail brings it to life.

Manipulate the symbol

Now comes the fun part. This is where you can amp things up, brighten colors, make the symbol larger or smaller, make it speed up or slow down, move it though someone's body, and deepen the state.

State deepening is accomplished through
fractionation.



Fractionation is a method that brings someone in and out of a state rapidly. There are several ways of doing this.

One way is to take the symbol in and out of your partner's body as you touch them. You are in effect - to their unconscious, taking the emotional state away from them and giving it back too them.

And each time you do this, they go in deeper and deeper into the experience of the state and body sensation.

You do this by having your partner take a deep breath **IN** as you put the symbol into them,

(Putting your hands on them/their chest), and by breathing **OUT** as you take the symbol

OUT of them (Pulling your hand **AWAY** from them)

You say,

Now notice how you feel it right here

(you put your hand where they feel it), and how I can move this energy through your body... and every place that I touch you can feel this amazing energy flowing through you.

Notice now how I can move it right here to your chest, and as you take deep breath and

breath out, I can take it out of your chest... and how you can take a deep breath in as I put this energy back inside you, you can feel all these feelings even more intensely.”

Move the energy through their body, amplify it by making it brighter, larger and more intense – then fractionate again.

Do this over and over again until they are **DEEP** and their eyes remain closed.

You’ve combined guided visualization, touch, and state manipulation through symbol manipulation all together.

Notice that this step in the process is also when you have the chance to touch them. As you’re moving the symbol/colored energy through their body, you’re **touching** them.

Remember to start in non-obtrusive places like the hands and backs of the arms first. If they keep their eyes closed, you know that you can be relatively safe in proceeding forward and on with your touch. **You can use this to calibrate how far you can go with your touch.**

If they open their eyes, slow down with your touch – they just need to go deeper. Use this moment to take the energy out of them and have them visualize the energy in your hand. Then as you put it back inside them say,

“Now close your eyes and take a deep breath **IN** as you take in all of these feelings and feel them even

DEEPER inside you.”

Link it to you

Once you've elicited a state/body sensation/identity, and you've turned it into a symbol and manipulated the symbol to the point where your partner is deep in state, you must link the symbol to yourself.

By virtue of your

exploring and opening up

these internal processes within someone, you've linked it to yourself. But there are more direct ways of doing this.

You can manipulate the symbol to take it outside of your partner and place it within you – you can then guide the energy to your hands and touch them everywhere that you intend the energy to go. You may want to re-read the section on touch so you know how to escalate your touch in a way that is non-jarring and smooth.

Another method is through visualization – where you have the energy cycle back and forth through your bodies.

There is a **similar theme in Tantra**, where the chi energy is cycled back and forth between two people as you hold each other in a **body-to-body embrace**. This method may elicit deep feelings of connection and has even brought people to tears. As you both breathe in and out at opposite times, the energy is “breathed in” one person and “Breathed out” of the other person and repeated vice versa.

Another method is **soul gazing**.

This is where you connect left eye to left eye with your partner and visualize the energy cycling back and forth between the both of

you. This can be combined with the full body embrace and timed with the breathing in and out of the energy.

Then you can also incorporate yourself **INTO** your partner's visualization. This is where you elicit a place of complete ecstasy and safety and you place yourself within that place. You have your partner visualize you holding the symbol/energy as if it were coming from you. This unconsciously creates a strong connection because you are the source of both your partner's ecstasy and their sense of safety. Use this method responsibly though, because you can/and **WILL** create an obsessed stalker if you're not careful.

As a further development of this method, you can create a "bubble" where everything outside of the bubble is painful, fearful, and unsafe, and cold while everything inside the bubble is safe, warm, calm and filled with ecstasy. Of course you place yourself within this bubble along with your partner as you both visualize the cycling of energies of ecstasy between the two of you. This creates the feedback loop again that you are linked to safety, pleasure, and comfort while anything outside of you is linked to pain, fear and danger. **Again**

– **use with caution.**

Other options for linking someone's energy symbol include linking their symbol of pleasure to an act – such as unbuttoning a button. In fact, you can not only link their symbol/energy for pleasure to an action **such as unbuttoning clothing**, but also to touching you. As they become more and more aroused, you say, "And notice now how the more you want to touch me, the more amazing this energy feels right here, and as you do this now, (pause – they do it), notice how you want to be closer to me and touch me...)

Many times, they will be so aroused and in state that the ***mere suggestion of touching you will lead directly to sex.***

Trauma elicitation

First of all, **WHY** elicit trauma? Doesn't it seem counter-intuitive to elicit a state that is linked to pain, fear, and suffering?

As with all things, **CONTEXT** is key.

Now this will be quite controversial to some, because this resonates of “dark side” and “forbidden” patterns and themes, but you must also remember that trauma elicitation is quite effective in building trust and comfort. After all, when someone is able to open up and share their deepest fears and most painful experiences – if done the right way, the connection between you will be viewed as deeper and more meaningful.

Remember what Freud said – “We are made so that we can only derive intense pleasure from a **CONTRAST**”.

In other words, if everything is peachy and sweet all the time and there is never anything uncomfortable or stressful in our lives we'll first of all never grow as individuals, and more importantly won't get as much **PLEASURE** out of the good experiences.

Kahlil Gibran said in the book “The Prophet” on joy and sorrow – The deeper that sorrow carves into your being, the more joy you can contain.

And so, the Trauma elicitation: (For a good example of this, watch the movie “Silence of the Lambs” – the scene where Hannibal is speaking with Clairisse in the prison, and eliciting her worse childhood memory. She describes walking into a barn and hearing the crying of the lambs – as they were being slaughtered... and then silence. **Hence the name of the film.**)

First elicit a worst memory – they don't have to tell you all the details about it... it's often just enough to remember it. **Be supportive be open and caring.**

As they describe their experience, they may cry or get tearful. Be ready for that. You are counseling them as a friend.

Once the experience has been elicited and they have described it to you along with the way that they felt and the **BODY SENSATIONS** involved (Sinking feeling in the stomach... etc.), tell them,

“Now how would you like to take that feeling and be able to get over it and make it better?”

Now to step 2 - you turn the feeling into a symbol. You say,

“Imagine this feeling as a colored energy or symbol – what would it be?”

Now have them describe everything about it – what color it is, where it's located, in their body, how it's moving, what temperature it is... etc.)

Now to step 3 – you manipulate the symbol.

Fractionate it – make it bigger and smaller, brighter and darker, take it in and out of their body. Touch them where the feeling is and move it out of their body.

Now have them hold their hands about **6 inches apart** and have them send all the negative energy of that experience into that space as if they were holding a dark energy “ball”.

Take you hands and cup their hands and release the energy together saying,

“Now I want you to take all of this negative energy – that you have here in between your

hands and **THROW IT** out into the air with me **NOW** as you release all of it from you..." (you take their hands and throw them up into the air as they "release" the dark energy)

You're done with the Trauma elicitation – now you've deepened the connection between you,
you've added

CONTRAST to their experience and you also have their **SYMBOL** which you can add to your guided visualizations for contrast.

For example, in a guided visualization you could create a "bubble" with your partner and yourself inside... you hold their energy symbol for pleasure **INSIDE** the bubble, and everything **OUTSIDE** the bubble is dark and negative energy associated with their **TRAUMA** energy.

Use this technique **carefully and responsibly** – most of all, use this at your **OWN** risk...

we do **not** recommend it
for everyone.



Creating the October Man – A new Sexual Identity

A new sexual identity is created several ways. First of all, you must project a new **IMAGE** onto the person, both via your words and your actions. This is where you presuppose that you are interacting with a **NEW** person – the new person with the new sexual identity.

For example, to bring out the “porn star” in your partner, you must believe that they are **REALLY** a porn star – they just don’t know it yet. You may not just come right out and say it, but you would talk about the **PART** of them that is sexually adventurous, the **PART** of them that has sexual fantasies, and the **PART** of them that wants to explore her sexuality.

– Remember that as you name something (the **NEW** sexual identity) you make it **REAL** – as you describe it, you **BRING IT TO LIFE**.

The second way that you elicit a new sexual identity is through conditioning. After doing the Symbolic morphology method several times, where you’ve elicited a pleasure state, then turned it into a symbol, then manipulated the symbol and linked it to yourself, you have the person notice **WHO THEY ARE** in that moment when the ecstasy is at it’s peak.

Once they have done this several times, they will have a good sense of who they are within their pleasure state and you take that **IDENTITY** and have them **TURN IT INTO A SYMBOL**.

At this point, you repeat the method with the new symbol that represents their new

SEXUAL identity.

Manipulate the symbol, deepen the state, and link it to you.

After several sessions, you will have had your partner both **CREATE** a new sexual identity (or discovered what was in them already) **AND** unconsciously incorporated yourself as a part of this new identity.

Keep in mind that this method
can be used not just for a
Sexual Identity, but for any
Identity work.

Conclusion

With knowledge comes power. We've given you some **POWERFUL** tools so use these responsibly. Understand that this material is for entertainment purposes only – we don't recommend using this material.

It is in your best interest to **NOT** use this material unless you want to create an obsessed stalker.

You have been **WARNED**... be careful, responsible, and **ENJOY!**